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Therefore, humor can play a vital role in promoting general and

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mental well-being. It may seem difficult to measure the health benefits of laughter, but a number of scientific studies done in a clinical setting support the benefits of humor therapy.

Humor and Health Promotion - Nova Science Publishers

Abstract. ObjectiveTo inform those who wish to recommend or evaluate humour as a therapeutic intervention. DesignReview of literature relating to the putative effects of humour on health. MethodEvaluation, interpretation, and synthesis of existing literature relating to humour and health published in many disciplines including anthropology, communication, counselling, education, gender studies, linguistics, literature, medicine, neuroscience, philosophy, physiology, psychology, and sociology.

Humour and health promotion - Ann Snowden, 2003

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that they are good for your health. There are many extraordinary claims regarding the health benefits associated with humor. Many...

Can Humor and Laughter Boost Your Health? | Psychology Today

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Using Humor in Healthcare Marketing | What's Next ...

Humour can play an essential role in the most serious healthcare settings, even when patients are receiving intensive or end of life care, according to research in the April issue of the UK-based...

Humor plays an important role in healthcare even when

...

I've been collecting humorous quotations about health for a while. Now that I have 20, I thought I'd share. I hope a good number of these tickle your funny bone.

Humor as Medicine: 20 Quotations about Health | Psychology ...

Humor and laughter in health promotion: a clown insertion experience in the family health strategy/O humor e o riso na promocao de saude: uma experiencia de insercao do palhaco na estrategia de saude da familia. Link/Page Citation Introduction There is a big difference between being an actor and being a clown. ...

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Humor and health promotion / Published: (2014) The psychology of humor an integrative approach / by: Martin, Rod A. Published: (2007) Humor and life stress : antidote to adversity / by: Lefcourt, Herbert M. Published: (1986)

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HUMOR AND HEALTH

Health promotion is about raising the health status of individuals and communities. Promotion in the health context means improving, advancing, sup-porting, encouraging and placing health higher on personal and public agendas. Given that major socioeconomic determinants of

What is health promotion? - Elsevier

Health promotion entails aspects including education, a consideration of psychological, political, and social factors, with the aim of improving a person's health. Health promotion can also help prevent disease by encouraging healthy choices and instituting policies and programs that help the general population.

Difference Between Health Promotion and Health Education ...

A Dose of Humor Keeps You From Losing Your Patients Think humor is important in healthcare? For the patients? For the health care providers. This article has some interesting thoughts. Humor and Healing: the Laugh Factor Interesting Healthcare and Humor article about humor's role in healing. Humor as a cost-

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effect means of Stress Management. Got Stress?

The Power of Laughter and Humor Articles | Brad Montgomery

Health promotion enables people to increase control over their own health. It covers a wide range of social and environmental interventions that are designed to benefit and protect individual people's health and quality of life by addressing and preventing the root causes of ill health, not just focusing on treatment and cure.

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